



45. Brockenlauf

Ilseburg / 05.09.2015

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Riemenschneider, Lars

□□: Darlingerode

□□: 207

□□: 26.20 km

26,2 km - Lauf

□□□□:

Männer (20-29 Jahre)

□□□: 2:22:30

□□: 10.95 km/h

□□□□□/□□□: 128 (of 532)

□□□□□/□: 125 (of 452)

□□□□□□: 1:36:15

□□□□□: 19(of 37)

□□□□□□□: 1:36:15

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Loddenke | 3.30 | 19:16 | 9.34 | 31 | 7:30 | 216 | 7:30 | 3.30 | 19:16 | 9.34 | 31 | 7:30 | 216 | 7:30 |
| Schlüsie | 3.10 | 19:20 | 9.31 | 23 | 6:25 | 135 | 6:25 | 6.40 | 38:36 | 9.33 | 28 | 13:55 | 171 | 13:55 |
| Hermannsklippe | 2.60 | 16:33 | 7.25 | 21 | 5:18 | 119 | 5:18 | 9.00 | 55:09 | 9.79 | 23 | 19:13 | 145 | 19:13 |
| Brocken | 3.10 | 26:32 | 6.78 | 19 | 9:20 | 116 | 9:20 | 12.10 | 1:21:41 | 8.81 | 20 | 28:33 | 135 | 28:33 |
| Eiserner Handwe | 3.60 | 16:08 | 11.16 | 15 | 4:31 | 79 | 4:31 | 15.70 | 1:37:49 | 9.20 | 19 | 33:04 | 121 | 33:04 |
| Schlüsie | 4.10 | 15:23 | 15.60 | 17 | 3:57 | 76 | 3:57 | 19.80 | 1:53:12 | 10.07 | 18 | 37:01 | 109 | 37:01 |
| Loddenke | 3.10 | 13:41 | 13.15 | 22 | 4:04 | 156 | 4:04 | 22.90 | 2:06:53 | 10.40 | 18 | 41:05 | 117 | 41:05 |
| Ilseburg/Markt | 3.30 | 15:37 | 11.53 | 24 | 5:10 | 195 | 5:10 | 26.20 | 2:22:30 | 10.95 | 19 | 46:15 | 125 | 46:15 |