



45. Brockenlauf

Ilseburg / 05.09.2015

□□□□

Teske, Peter

□□: Blomberger Nelkenläufer

□□: 388

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 2:24:27

□□: 10.80 km/h

□□□□□/□□□: 142 (of 532)

□□□□□/□: 138 (of 452)

□□□□□□: 1:36:15

□□□□□: 23(of 91)

□□□□□□□: 1:55:12

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Loddenke | 3.30 | 17:27 | 10.32 | 20 | 3:20 | 91 | 5:41 | 3.30 | 17:27 | 10.32 | 20 | 3:20 | 91 | 5:41 |
| Schlüsie | 3.10 | 18:58 | 9.49 | 21 | 3:12 | 108 | 6:03 | 6.40 | 36:25 | 9.89 | 19 | 6:32 | 95 | 11:44 |
| Hermannsklippe | 2.60 | 16:40 | 7.20 | 24 | 2:49 | 126 | 5:25 | 9.00 | 53:05 | 10.17 | 22 | 9:21 | 101 | 17:09 |
| Brocken | 3.10 | 27:23 | 6.57 | 30 | 6:32 | 151 | 10:11 | 12.10 | 1:20:28 | 8.95 | 22 | 15:50 | 118 | 27:20 |
| Eiserner Handwe | 3.60 | 17:17 | 10.41 | 26 | 3:48 | 160 | 5:40 | 15.70 | 1:37:45 | 9.21 | 22 | 19:38 | 119 | 33:00 |
| Schlüsie | 4.10 | 17:09 | 13.99 | 31 | 4:02 | 182 | 5:43 | 19.80 | 1:54:54 | 9.92 | 23 | 23:08 | 132 | 38:43 |
| Loddenke | 3.10 | 14:27 | 12.46 | 40 | 3:53 | 211 | 4:50 | 22.90 | 2:09:21 | 10.20 | 23 | 26:24 | 137 | 43:33 |
| Ilseburg/Markt | 3.30 | 15:06 | 11.92 | 29 | 3:09 | 147 | 4:39 | 26.20 | 2:24:27 | 10.80 | 23 | 29:15 | 138 | 48:12 |