



45. Brockenlauf

Ilseburg / 05.09.2015

□□□□

Dunemann, Jens

□□: Trollmusic Running Team

□□: 224

□□□: 2:25:43

□□: - km/h

Enduro Long Men

□□□□:

Senioren M35 (35-39 Jahre)

□□□□□/□□□: 155 (of 532)

□□□□□/□: 151 (of 452)

□□□□□□: 1:36:15

□□□□□: 20(of 48)

□□□□□□□: 1:56:54

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|-----------------|------|-------|-------|----|------|-----|-------|-------|---------|-------|----|-------|-----|-------|
| | km | □□ | km/h | - | - | □ | □ | km | □□ | km/h | - | - | □ | □ |
| Loddenke | 3.30 | 18:26 | 9.76 | 21 | 4:18 | 149 | 6:40 | 3.30 | 18:26 | 9.76 | 21 | 4:18 | 149 | 6:40 |
| Schlüsie | 3.10 | 19:37 | 9.18 | 21 | 3:44 | 156 | 6:42 | 6.40 | 38:03 | 9.46 | 23 | 8:00 | 149 | 13:22 |
| Hermannsklippe | 2.60 | 17:14 | 6.96 | 22 | 3:22 | 163 | 5:59 | 9.00 | 55:17 | 9.77 | 22 | 11:18 | 153 | 19:21 |
| Brocken | 3.10 | 28:09 | 6.39 | 25 | 6:28 | 182 | 10:57 | 12.10 | 1:23:26 | 8.63 | 23 | 17:46 | 160 | 30:18 |
| Eiserner Handwe | 3.60 | 17:16 | 10.42 | 21 | 3:31 | 158 | 5:39 | 15.70 | 1:40:42 | 8.94 | 23 | 21:06 | 155 | 35:57 |
| Schlüsie | 4.10 | 16:43 | 14.36 | 22 | 3:31 | 159 | 5:17 | 19.80 | 1:57:25 | 9.71 | 22 | 24:31 | 160 | 41:14 |
| Loddenke | 3.10 | 13:39 | 13.19 | 20 | 2:14 | 153 | 4:02 | 22.90 | 2:11:04 | 10.07 | 21 | 26:45 | 156 | 45:16 |
| Ilseburg/Markt | 3.30 | 14:39 | 12.29 | 13 | 2:04 | 114 | 4:12 | - | 2:25:43 | - | 20 | 28:49 | 151 | 49:28 |