



45. Brockenlauf

Ilseburg / 05.09.2015

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Engelmann, Jenny

□□: WSV Benneckenstein
 □□: 463

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 2:26:21

□□: 10.66 km/h

□□□□□/□□□: 160 (of 532)

□□□□□/□: 5 (of 80)

□□□□□□: 2:06:25

□□□□□: 1(of 13)

□□□□□□□: 2:26:21

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:08	9.93	1	-	3	3:01	3.30	18:08	9.93	1	-	3	3:01
Schlüsie	3.10	19:19	9.32	1	-	4	2:12	6.40	37:27	9.61	1	-	4	5:13
Hermannsklippe	2.60	16:55	7.09	1	-	4	1:28	9.00	54:22	9.93	1	-	4	6:41
Brocken	3.10	27:47	6.48	4	1:09	10	2:59	12.10	1:22:09	8.76	1	-	4	9:40
Eiserner Handwe	3.60	17:57	10.03	3	0:34	9	3:02	15.70	1:40:06	8.99	1	-	4	12:42
Schlüsie	4.10	16:42	14.37	1	-	6	2:45	19.80	1:56:48	9.76	1	-	5	15:27
Loddenke	3.10	13:54	12.95	3	0:05	9	2:29	22.90	2:10:42	10.10	1	-	5	17:42
Ilseburg/Markt	3.30	15:39	11.50	5	0:31	14	2:29	26.20	2:26:21	10.66	1	-	5	19:56