



# 45. Brockenlauf

Ilseburg / 05.09.2015

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**Franke, Uwe**

□□: Sport Trend Ultralaufteam  
 □□: 319

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Senioren M50 (50-54 Jahre)

□□□: 2:45:04

□□: 9.52 km/h

□□□□□/□□□: 331 (of 532)

□□□□□/□: 303 (of 452)

□□□□□□: 1:36:15

□□□□□: 53(of 78)

□□□□□□□: 2:00:23

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:47	9.53	55	5:53	330	9:01	3.30	20:47	9.53	55	5:53	330	9:01
Schlüsie	3.10	21:00	8.86	45	4:41	266	8:05	6.40	41:47	9.19	46	10:34	296	17:06
Hermannsklippe	2.60	18:31	8.42	45	4:18	262	7:16	9.00	1:00:18	8.96	45	14:48	281	24:22
Brocken	3.10	27:56	6.66	32	5:48	173	10:44	12.10	1:28:14	8.23	41	20:36	242	35:06
Eiserner Handwe	3.60	20:28	10.55	58	6:13	328	8:51	15.70	1:48:42	8.67	42	26:36	256	43:57
Schlüsie	4.10	21:02	11.70	64	7:31	370	9:36	19.80	2:09:44	9.16	46	33:35	279	53:33
Loddenke	3.10	16:53	11.02	67	5:22	369	7:16	22.90	2:26:37	9.37	46	38:57	285	1:00:49
Ilseburg/Markt	3.30	18:27	10.73	68	5:44	374	8:00	26.20	2:45:04	9.52	53	44:41	303	1:08:49