



45. Brockenlauf

Ilseburg / 05.09.2015

□□□□

Schwendke, Renate

□□□: 2:49:42

□□: Dasseler SC

□□: 9.19 km/h

□□: 244

□□: 26.20 km

□□□□□/□□□: 379 (of 532)

26,2 km - Lauf

□□□□□/□: 37 (of 80)

□□□□:

□□□□□□: 2:06:25

Seniorinnen W50 (50-54 Jahre)

□□□□□: 6(of 21)

□□□□□□□: 2:34:39

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:54	7.86	15	3:19	62	7:47	3.30	22:54	7.86	15	3:19	62	7:47
Schlüsie	3.10	23:01	7.82	10	2:09	45	5:54	6.40	45:55	7.84	12	5:28	57	13:41
Hermannsklippe	2.60	20:27	5.87	7	2:13	41	5:00	9.00	1:06:22	8.14	11	7:14	50	18:41
Brocken	3.10	33:04	5.44	7	3:40	38	8:16	12.10	1:39:26	7.24	9	10:30	45	26:57
Eiserner Handwe	3.60	19:12	9.38	5	1:03	28	4:17	15.70	1:58:38	7.59	9	11:24	42	31:14
Schlüsie	4.10	18:28	13.00	3	0:31	23	4:31	19.80	2:17:06	8.32	7	11:55	37	35:45
Loddenke	3.10	15:22	11.71	4	1:06	30	3:57	22.90	2:32:28	8.66	6	13:01	36	39:28
Ilseburg/Markt	3.30	17:14	10.44	9	2:02	40	4:04	26.20	2:49:42	9.19	6	15:03	37	43:17