



45. Brockenlauf

Ilseburg / 05.09.2015

□□□□

Zetsche, Uwe

□□: Berlin
□□: 437

□□: 26.20 km
26,2 km - Lauf

□□□□:
Senioren M50 (50-54 Jahre)

□□□: 3:01:24

□□: 8.60 km/h

□□□□□/□□□: 455 (of 532)

□□□□□/□: 400 (of 452)

□□□□□□: 1:36:15

□□□□□: 71(of 78)

□□□□□□□: 2:00:23

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|------|---------|---------|---------|---------|
| Loddenke | 3.30 | 19:28 | 9.25 | 39 | 4:34 | 228 | 7:42 | 3.30 | 19:28 | 9.25 | 39 | 4:34 | 228 | 7:42 |
| Schlüsie | 3.10 | 23:28 | 7.67 | 68 | 7:09 | 390 | 10:33 | 6.40 | 42:56 | 8.39 | 58 | 11:43 | 342 | 18:15 |
| Hermannsklippe | 2.60 | 22:00 | 5.45 | 71 | 7:47 | 412 | 10:45 | 9.00 | 1:04:56 | 8.32 | 65 | 19:26 | 377 | 29:00 |
| Brocken | 3.10 | 35:47 | 5.03 | 72 | 13:39 | 419 | 18:35 | 12.10 | 1:40:43 | 7.15 | 70 | 33:05 | 402 | 47:35 |
| Eiserner Handwe | 3.60 | 21:54 | 8.22 | 70 | 7:39 | 384 | 10:17 | 15.70 | 2:02:37 | 7.34 | 70 | 40:31 | 401 | 57:52 |
| Schlüsie | 4.10 | 22:48 | 10.53 | 74 | 9:17 | 411 | 11:22 | 19.80 | 2:25:25 | 7.84 | 70 | 49:16 | 401 | 1:09:14 |
| Loddenke | 3.10 | 17:39 | 10.20 | 71 | 6:08 | 398 | 8:02 | 22.90 | 2:43:04 | 8.09 | 71 | 55:24 | 399 | 1:17:16 |
| Ilseburg/Markt | 3.30 | 18:20 | 9.82 | 66 | 5:37 | 365 | 7:53 | 26.20 | 3:01:24 | 8.60 | 71 | 1:01:01 | 400 | 1:25:09 |