



45. Brockenlauf

Ilseburg / 05.09.2015

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Brockmeier, Daniela

□□: LF Ehberg 02

□□: 101

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:04:30

□□: 8.46 km/h

□□□□□/□□□: 463 (of 532)

□□□□□/□: 58 (of 80)

□□□□□□: 2:06:25

□□□□□: 13(of 21)

□□□□□□□: 2:34:39

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	24:21	7.39	19	4:46	72	9:14	3.30	24:21	7.39	19	4:46	72	9:14
Schlüsie	3.10	24:51	7.24	14	3:59	61	7:44	6.40	49:12	7.32	18	8:45	69	16:58
Hermannsklippe	2.60	21:48	5.50	12	3:34	57	6:21	9.00	1:11:00	7.61	17	11:52	67	23:19
Brocken	3.10	31:48	5.66	6	2:24	33	7:00	12.10	1:42:48	7.00	13	13:52	59	30:19
Eiserner Handwe	3.60	23:18	7.73	19	5:09	68	8:23	15.70	2:06:06	7.14	13	18:52	61	38:42
Schlüsie	4.10	22:06	10.86	17	4:09	62	8:09	19.80	2:28:12	7.69	13	23:01	59	46:51
Loddenke	3.10	17:32	10.27	16	3:16	60	6:07	22.90	2:45:44	7.96	13	26:17	57	52:44
Ilseburg/Markt	3.30	18:46	9.59	12	3:34	57	5:36	26.20	3:04:30	8.46	13	29:51	58	58:05