



45. Brockenlauf

Ilseburg / 05.09.2015

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Fender, Torsten

□□: Berlin

□□: 401

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:14:41

□□: 8.07 km/h

□□□□□/□□□: 493 (of 532)

□□□□□/□: 424 (of 452)

□□□□□□: 1:36:15

□□□□□: 77(of 78)

□□□□□□□: 2:00:23

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:42	9.57	53	5:48	325	8:56	3.30	20:42	9.57	53	5:48	325	8:56
Schlüsie	3.10	27:24	6.79	78	11:05	444	14:29	6.40	48:06	7.98	76	16:53	423	23:25
Hermannsklippe	2.60	25:17	6.17	78	11:04	441	14:02	9.00	1:13:23	7.36	77	27:53	429	37:27
Brocken	3.10	40:29	4.59	78	18:21	446	23:17	12.10	1:53:52	6.38	78	46:14	442	1:00:44
Eiserner Handwe	3.60	21:06	10.24	63	6:51	354	9:29	15.70	2:14:58	6.98	77	52:52	432	1:10:13
Schlüsie	4.10	21:55	11.22	71	8:24	397	10:29	19.80	2:36:53	7.57	77	1:00:44	427	1:20:42
Loddenke	3.10	17:57	10.36	73	6:26	402	8:20	22.90	2:54:50	7.86	77	1:07:10	427	1:29:02
Ilseburg/Markt	3.30	19:51	9.97	74	7:08	411	9:24	26.20	3:14:41	8.07	77	1:14:18	424	1:38:26