



45. Brockenlauf

Ilseburg / 05.09.2015

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Bahr, Gabriela

□□: TLV Eichenzell
 □□: 426

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 3:16:19

□□: 8.01 km/h

□□□□□/□□□: 496 (of 532)

□□□□□/□: 70 (of 80)

□□□□□□: 2:06:25

□□□□□: 15(of 18)

□□□□□□□: 2:15:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:55	8.64	15	6:37	64	7:48	3.30	22:55	8.64	15	6:37	64	7:48
Schlüsie	3.10	25:21	7.34	14	7:02	64	8:14	6.40	48:16	7.96	15	13:39	66	16:02
Hermannsklippe	2.60	24:03	6.49	15	7:37	71	8:36	9.00	1:12:19	7.47	15	21:16	69	24:38
Brocken	3.10	39:16	4.74	15	12:19	72	14:28	12.10	1:51:35	6.51	15	33:35	70	39:06
Eiserner Handwe	3.60	22:48	9.47	15	7:41	64	7:53	15.70	2:14:23	7.01	15	41:16	69	46:59
Schlüsie	4.10	22:31	10.93	15	7:14	66	8:34	19.80	2:36:54	7.57	15	48:30	70	55:33
Loddenke	3.10	18:48	9.89	15	6:11	69	7:23	22.90	2:55:42	7.82	15	54:41	70	1:02:42
Ilseburg/Markt	3.30	20:37	9.60	16	6:01	69	7:27	26.20	3:16:19	8.01	15	1:00:42	70	1:09:54