



45. Brockenlauf

Ilseburg / 05.09.2015

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Schmidt, Carola

□□: Dettingen

□□: 307

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 4:09:27

□□: 6.30 km/h

□□□□□/□□□: 531 (of 532)

□□□□□/□: 80 (of 80)

□□□□□□: 2:06:25

□□□□□: 21(of 21)

□□□□□□□: 2:34:39

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	29:38	6.68	21	10:03	79	14:31	3.30	29:38	6.68	21	10:03	79	14:31
Schlüsie	3.10	33:10	5.61	21	12:18	80	16:03	6.40	1:02:48	6.11	21	22:21	80	30:34
Hermannsklippe	2.60	28:27	5.48	21	10:13	78	13:00	9.00	1:31:15	5.92	21	32:07	79	43:34
Brocken	3.10	44:45	4.16	21	15:21	78	19:57	12.10	2:16:00	5.34	21	47:04	80	1:03:31
Eiserner Handwe	3.60	29:56	7.22	21	11:47	80	15:01	15.70	2:45:56	5.68	21	58:42	80	1:18:32
Schlüsie	4.10	29:11	8.43	21	11:14	80	15:14	19.80	3:15:07	6.09	21	1:09:56	80	1:33:46
Loddenke	3.10	25:13	7.38	21	10:57	80	13:48	22.90	3:40:20	6.24	21	1:20:53	80	1:47:20
Ilseburg/Markt	3.30	29:07	6.80	21	13:55	80	15:57	26.20	4:09:27	6.30	21	1:34:48	80	2:03:02