



Carboo4u Duathlon
Bodenfelde / 10.05.2015

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Hillmann, Sven

000: 1:28:01

00: Hardtseemafia Triathlon

00: 28

00: 37.72 km

00000/000: 12 (of 53)

Carboo4U Duathlon Challenge

00000/0: 12 (of 46)

000000: 1:22:11

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00000: 2(of 7)

AK3 / TM 30

0000000: 1:22:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf 1	4.70	19:14	4:05	3	1:12	15	1:57	4.70	19:14	4:05	3	1:12	15	1:57
Wechsel 1	0.01	0:59	98:19	2	0:07	5	0:08	4.71	20:13	4:17	2	1:19	14	1:58
Lauf 000	4.71	20:13	4:17	2	1:19	14	1:58	4.71	20:13	4:17	2	1:19	14	1:58
Rad netto	29.00	49:56	1:43	2	2:17	10	2:51	33.71	1:10:09	2:04	2	3:36	11	3:36
Wechsel 2	0.01	0:52	86:40	2	0:05	3	0:05	33.72	1:11:01	2:06	2	3:41	10	3:41
Rad 000	29.01	50:48	1:45	2	2:22	10	2:50	33.72	1:11:01	2:06	2	3:41	10	3:41
Lauf 2	4.00	17:00	4:15	2	1:34	14	2:28	37.72	1:28:01	2:20	2	5:15	12	5:50