



Carboo4u Duathlon
Bodenfelde / 10.05.2015

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Würschmidt, Tobias

000: 1:34:50

00: FSV Asbach

00: 6

00: 37.72 km

Carboo4U Duathlon Challenge

00000/000: 17 (of 53)

00000/0: 17 (of 46)

000000: 1:22:11

0000:

AK3 / TM 30

00000: 3(of 7)

0000000: 1:22:46

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Lauf 1	4.70	21:55	4:39	4	3:53	26	4:38	4.70	21:55	4:39	4	3:53	26	4:38	
Wechsel 1	0.01	1:37	161:39	6	0:45	35	0:46	4.71	23:32	4:59	4	4:38	24	5:17	
Lauf 000	4.71	23:32	4:59	4	4:38	24	5:17	4.71	23:32	4:59	4	4:38	24	5:17	
Rad netto	29.00	50:34	1:44	3	2:55	11	3:29	33.71	1:14:06	2:11	3	7:33	16	7:33	
Wechsel 2	0.01	1:39	165:00	7	0:52	38	0:52	33.72	1:15:45	2:14	3	8:25	16	8:25	
Rad 000	29.01	52:13	1:47	3	3:47	12	4:15	33.72	1:15:45	2:14	3	8:25	16	8:25	
Lauf 2	4.00	19:05	4:46	4	3:39	23	4:33	37.72	1:34:50	2:30	3	12:04	17	12:39	