



Carboo4u Duathlon
Bodenfelde / 10.05.2015

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Bachmann, Kai

000: 1:36:30

00: 81

00: 37.72 km

Carboo4U Duathlon Challenge

00000/000: 18 (of 53)

00000/0: 18 (of 46)

000000: 1:22:11

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AK4 / TM 35

00000: 7(of 12)

0000000: 1:22:11

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf 1	4.70	21:49	4:38	8	4:32	25	4:32	4.70	21:49	4:38	8	4:32	25	4:32
Wechsel 1	0.01	1:47	178:20	11	0:49	39	0:56	4.71	23:36	5:00	8	5:21	27	5:21
Lauf 000	4.71	23:36	5:00	8	5:21	27	5:21	4.71	23:36	5:00	8	5:21	27	5:21
Rad netto	29.00	50:45	1:45	3	2:49	13	3:40	33.71	1:14:21	2:12	7	7:46	17	7:48
Wechsel 2	0.01	1:33	155:00	11	0:40	33	0:46	33.72	1:15:54	2:15	7	8:26	18	8:34
Rad 000	29.01	52:18	1:48	3	3:24	13	4:20	33.72	1:15:54	2:15	7	8:26	18	8:34
Lauf 2	4.00	20:36	5:09	8	5:53	30	6:04	37.72	1:36:30	2:33	7	14:19	18	14:19