



Carboo4u Duathlon
Bodenfelde / 10.05.2015

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Weißmann, Boris

000: 1:39:27

00: TSV Sudheim

00: 44

00: 37.72 km

Carboo4U Duathlon Challenge

00000/000: 23 (of 53)

00000/0: 23 (of 46)

000000: 1:22:11

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AK3 / TM 30

00000: 5(of 7)

0000000: 1:22:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf 1	4.70	22:18	4:44	5	4:16	30	5:01	4.70	22:18	4:44	5	4:16	30	5:01
Wechsel 1	0.01	1:45	175:00	7	0:53	38	0:54	4.71	24:03	5:06	5	5:09	30	5:48
Lauf 000	4.71	24:03	5:06	5	5:09	30	5:48	4.71	24:03	5:06	5	5:09	30	5:48
Rad netto	29.00	54:12	1:52	4	6:33	20	7:07	33.71	1:18:15	2:19	5	11:42	22	11:42
Wechsel 2	0.01	1:11	118:19	4	0:24	18	0:24	33.72	1:19:26	2:21	5	12:06	22	12:06
Rad 000	29.01	55:23	1:54	4	6:57	21	7:25	33.72	1:19:26	2:21	5	12:06	22	12:06
Lauf 2	4.00	20:01	5:00	6	4:35	28	5:29	37.72	1:39:27	2:38	5	16:41	23	17:16