



Carboo4u Duathlon  
Bodenfelde / 10.05.2015

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Hartmann, Achim

000: 1:54:04

00: Musikverein Bodenfelde

00: 3

00: 37.72 km

00000/000: 39 (of 53)

Carboo4U Duathlon Challenge

00000/0: 39 (of 46)

000000: 1:22:11

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00000: 5(of 7)

SEN2 / TM 45

0000000: 1:22:40

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf 1	4.70	23:32	5:00	4	6:06	36	6:15	4.70	23:32	5:00	4	6:06	36	6:15
Wechsel 1	0.01	1:18	130:00	3	0:17	17	0:27	4.71	24:50	5:16	4	6:23	36	6:35
Lauf 000	4.71	24:50	5:16	4	6:23	36	6:35	4.71	24:50	5:16	4	6:23	36	6:35
Rad netto	29.00	1:07:02	2:18	6	19:12	41	19:57	33.71	1:31:52	2:43	6	24:36	40	25:19
Wechsel 2	0.01	1:25	141:39	4	0:33	29	0:38	33.72	1:33:17	2:45	5	25:09	39	25:57
Rad 000	29.01	1:08:27	2:21	6	18:48	41	20:29	33.72	1:33:17	2:45	5	25:09	39	25:57
Lauf 2	4.00	20:47	5:11	4	6:15	31	6:15	37.72	1:54:04	3:01	5	31:24	39	31:53