



Carboo4u Duathlon  
Bodenfelde / 10.05.2015

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Hartmann, Tobias

000: 1:46:53

00: HSG S/U/W

00: 16

00: 37.72 km

Carboo4U Duathlon Challenge

00000/000: 31 (of 53)

00000/0: 31 (of 46)

000000: 1:22:11

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AK3 / TM 30

00000: 6(of 7)

0000000: 1:22:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf 1	4.70	24:17	5:10	7	6:15	38	7:00	4.70	24:17	5:10	7	6:15	38	7:00
Wechsel 1	0.01	1:20	133:19	5	0:28	22	0:29	4.71	25:37	5:26	7	6:43	38	7:22
Lauf 000	4.71	25:37	5:26	7	6:43	38	7:22	4.71	25:37	5:26	7	6:43	38	7:22
Rad netto	29.00	1:00:31	2:05	6	12:52	30	13:26	33.71	1:26:08	2:33	7	19:35	34	19:35
Wechsel 2	0.01	1:13	121:39	6	0:26	20	0:26	33.72	1:27:21	2:35	7	20:01	34	20:01
Rad 000	29.01	1:01:44	2:07	6	13:18	29	13:46	33.72	1:27:21	2:35	7	20:01	34	20:01
Lauf 2	4.00	19:32	4:53	5	4:06	24	5:00	37.72	1:46:53	2:50	6	24:07	31	24:42