



Carboo4u Duathlon
Bodenfelde / 10.05.2015

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Kemner, Andreas

000: 1:56:14

00: 85

00: 37.72 km

Carboo4U Duathlon Challenge

00000/000: 41 (of 53)

00000/0: 40 (of 46)

000000: 1:22:11

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SEN4 / TM 55

00000: 3(of 3)

0000000: 1:50:28

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf 1	4.70	23:23	4:58	2	1:20	35	6:06	4.70	23:23	4:58	2	1:20	35	6:06
Wechsel 1	0.01	1:24	140:00	2	0:06	25	0:33	4.71	24:47	5:15	2	1:15	35	6:32
Lauf 000	4.71	24:47	5:15	2	1:15	35	6:32	4.71	24:47	5:15	2	1:15	35	6:32
Rad netto	29.00	1:08:06	2:20	3	6:42	44	21:01	33.71	1:32:53	2:45	3	5:08	42	26:20
Wechsel 2	0.01	1:39	165:00	3	0:38	38	0:52	33.72	1:34:32	2:48	3	5:30	42	27:12
Rad 000	29.01	1:09:45	2:24	3	7:04	43	21:47	33.72	1:34:32	2:48	3	5:30	42	27:12
Lauf 2	4.00	21:42	5:25	2	1:23	36	7:10	37.72	1:56:14	3:04	3	5:46	40	34:03