



Carboo4u Duathlon
Bodenfelde / 10.05.2015

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Heimann, Jule

000: 2:19:38

00: HSG S/U/W

00: 25

00: 37.72 km

Carboo4U Duathlon Challenge

00000/000: 51 (of 53)

00000/0: 6 (of 7)

000000: 1:55:12

0000:

Juniorinnen

00000: 3(of 4)

0000000: 2:02:35

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Lauf 1	4.70	30:18	6:26	4	3:06	7	6:34	4.70	30:18	6:26	4	3:06	7	6:34
Wechsel 1	0.01	1:15	125:00	3	0:13	3	0:13	4.71	31:33	6:41	4	3:19	7	6:16
Lauf 000	4.71	31:33	6:41	4	3:19	7	6:16	4.71	31:33	6:41	4	3:19	7	6:16
Rad netto	29.00	1:15:56	2:37	2	7:08	4	10:38	33.71	1:47:29	3:11	3	10:27	6	14:24
Wechsel 2	0.01	0:58	96:40	1	-	1	-	33.72	1:48:27	3:12	2	10:19	5	13:37
Rad 000	29.01	1:16:54	2:39	2	7:00	4	9:51	33.72	1:48:27	3:12	2	10:19	5	13:37
Lauf 2	4.00	31:11	7:47	4	10:53	7	10:53	37.72	2:19:38	3:42	3	17:03	6	24:26