



Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

Team

Party Team 2015

Time: 1:49:01

Club: Spaßsportclub Bodenfelde/Kassel

Age: 150

Distance: 34.85 km

Rank/Total: 6 (of 12)

Carboo4u Triathlon Firmen- und Staffelttriathlon Rank/Total: 6 (of 12)

Rank/Total: 1:22:17

Category:

Rank/Total: 6(of 12)

Staffel

Rank/Total: 1:22:17

Summary

Summary

Summary

Activity	km	Time	min/km	-	-	km	Time	km	Time	min/km	-	-	km	Time
Schwimmen nett	0.75	18:01	24:01	6	4:30	6	4:30	0.75	18:01	24:01	6	4:30	6	4:30
Wechsel S -> R	0.05	0:22	7:19	6	0:06	6	0:06	0.80	18:23	22:58	6	4:33	6	4:33
Schwimmen Total	0.80	18:23	22:58	6	4:33	6	4:33	0.80	18:23	22:58	6	4:33	6	4:33
Rad netto	29.00	1:04:10	2:12	6	14:30	6	14:30	29.80	1:22:33	2:46	5	19:03	5	19:03
Wechsel R -> L	0.05	0:31	10:20	7	0:11	7	0:11	29.85	1:23:04	2:46	5	19:12	5	19:12
Rad Total	29.05	1:04:41	2:13	6	14:39	6	14:39	29.85	1:23:04	2:46	5	19:12	5	19:12
Lauf	5.00	25:57	5:11	8	7:32	8	7:32	34.85	1:49:01	3:07	6	26:44	6	26:44