



# Carboo4U Triathlon Challenge Bodenfelde 2015

Bodenfelde / 27.09.2015

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Pfeiffer, Florian

□□□: 1:31:31

□□: TUI TRAVELStar Reisebüro Bode GbR

□□: 0

□□: 34.85 km

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Carboo4u Triathlon Challenge

□□□□□/□: 18 (of 55)

□□□□□□: 1:19:40

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□□□□□: 1(of 3)

AK2 männlich (25-29 Jahre)

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Schwimmen nett	0.75	12:24	16:32	1	-	8	2:23	0.75	12:24	16:32	1	-	56	2:23
Wechsel S -> R	0.05	1:26	28:39	2	0:24	16	0:35	0.80	13:50	17:17	1	-	56	2:32
Schwimmen □□□	0.80	13:50	17:17	1	-	56	2:32	0.80	13:50	17:17	1	-	56	2:32
Rad netto	29.00	52:22	1:48	1	-	18	5:41	29.80	1:06:12	2:13	1	-	56	6:24
Wechsel R -> L	0.05	0:43	14:19	2	0:05	13	0:10	29.85	1:06:55	2:14	1	-	56	6:22
Rad □□□	29.05	53:05	1:49	1	-	17	5:49	29.85	1:06:55	2:14	1	-	56	6:22
Lauf	5.00	24:36	4:55	1	-	34	8:18	34.85	1:31:31	2:37	1	-	18	11:51