



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

0000

Thüringer Klöße

000: 3:52:42

00: 70

00: 10.83 km/h

0000: 5:31 min/km

00: 42.20 km

Erfurt Marathon 4er Staffel

00000: 11 (of 28)

000000: 3:12:40

0000:

00000: 2(of 12)

4er Mixstaffel

0000000: 3:25:08

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------------|-------|---------|--------|----|-------|-----|-------|-------|---------|--------|----|-------|-----|-------|
| | km | 00 | min/km | - | - | 000 | 000 | km | 00 | min/km | - | - | 000 | 000 |
| Wechselstelle 1 | 9.68 | 54:12 | 5:35 | 5 | 11:27 | 15 | 11:27 | 9.68 | 54:12 | 5:35 | 5 | 11:27 | 15 | 11:27 |
| Wechselstelle 2 | 11.14 | 1:03:07 | 5:39 | 4 | 14:44 | 14 | 14:44 | 20.82 | 1:57:19 | 5:38 | 3 | 26:11 | 13 | 26:11 |
| Wechselstelle 3 | 9.31 | 49:48 | 5:20 | 2 | 3:48 | 10 | 10:03 | 30.13 | 2:47:07 | 5:32 | 2 | 21:26 | 11 | 26:53 |
| Erfurt | 12.10 | 1:05:35 | 5:25 | 6 | 8:32 | 15 | 14:38 | 42.20 | 3:52:42 | 5:30 | 2 | 27:34 | 11 | 40:02 |