



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

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Run4Fun

00: 63

00: 42.20 km

Erfurt Marathon 4er Staffel

0000:

4er Mixstaffel

000: 4:20:20

00: 9.68 km/h

0000: 6:10 min/km

00000: 20 (of 28)

000000: 3:12:40

00000: 7(of 12)

0000000: 3:25:08

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Wechselstelle 1	9.68	1:03:37	6:34	11	20:52	25	20:52	9.68	1:03:37	6:34	11	20:52	25	20:52
Wechselstelle 2	11.14	1:02:08	5:34	3	13:45	12	13:45	20.82	2:05:45	6:02	5	34:37	17	34:37
Wechselstelle 3	9.31	1:00:53	6:32	10	14:53	25	21:08	30.13	3:06:38	6:11	7	40:57	20	46:24
Erfurt	12.10	1:13:42	6:05	8	16:39	21	22:45	42.20	4:20:20	6:10	7	55:12	20	1:07:40