



2. Erfurt Marathon 4er Staffel

Erfurt / 29.08.2015

0000

Peanut butter and jelly

000: 4:35:02

00: 26

00: 9.16 km/h

0000: 6:31 min/km

00: 42.20 km

Erfurt Marathon 4er Staffel

00000: 27 (of 28)

000000: 3:12:40

0000:

00000: 11(of 12)

4er Mixstaffel

0000000: 3:25:08

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Wechselstelle 1	9.68	1:08:13	7:02	12	25:28	28	25:28	9.68	1:08:13	7:02	12	25:28	28	25:28
Wechselstelle 2	11.14	1:38:14	8:49	12	49:51	28	49:51	20.82	2:46:27	7:59	12	1:15:19	28	1:15:19
Wechselstelle 3	9.31	51:32	5:32	4	5:32	13	11:47	30.13	3:37:59	7:14	12	1:12:18	28	1:17:45
Erfurt	12.10	57:03	4:42	1	-	5	6:06	42.20	4:35:02	6:31	11	1:09:54	27	1:22:22