



Erfurt Marathon  
Erfurt / 29.08.2015

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Reif, Bernd

00: Laufcombo Reif ,Gotha

00: 28

00: 42.20 km

Marathon Einzel

0000:

Männer

000: 4:36:14

00: 9.12 km/h

0000: 6:33 min/km

00000/000: 36 (of 49)

00000/0: 33 (of 45)

000000: 3:04:14

00000: 33(of 45)

0000000: 3:04:14

0000

0000

000

| 000                | 00<br>km | 00<br>00 | 00<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 | 000<br>km | 000<br>00 | 000<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 |
|--------------------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| nördlichster Punkt | 4.59     | 26:28    | 5:45         | 39      | 7:33    | 39      | 7:33    | 4.59      | 26:28     | 5:45          | 39      | 7:33    | 39      | 7:33    |
| Wechselstelle 1    | 5.09     | 31:50    | 6:15         | 37      | 15:28   | 37      | 15:28   | 9.68      | 58:18     | 6:01          | 38      | 16:48   | 38      | 16:48   |
| Wechselstelle 2    | 11.40    | 1:13:36  | 6:27         | 37      | 23:47   | 37      | 23:47   | 21.08     | 2:11:54   | 6:15          | 38      | 40:35   | 38      | 40:35   |
| südlichster Punkt  | 5.28     | 36:32    | 6:55         | 31      | 12:13   | 31      | 12:13   | 26.36     | 2:48:26   | 6:23          | 36      | 52:33   | 36      | 52:33   |
| Wechselstelle 3    | 3.99     | 26:32    | 6:38         | 25      | 25:46   | 25      | 25:46   | 30.35     | 3:14:58   | 6:25          | 33      | 1:00:48 | 33      | 1:00:48 |
| Nordpark Erfurt    | 12.20    | 1:21:16  | 6:39         | 31      | 31:12   | 31      | 31:12   | 42.20     | 4:36:14   | 6:32          | 33      | 1:32:00 | 33      | 1:32:00 |