



Nguyen, Timo

□□: KMW

□□: 10.00 km Hauptlauf

Männer (20-29 Jahre)

□□□: 44:44

□□: 13.41 km/h

□□□□: 4:28 min/km

_____: 11 (of 51)

____/_: 11 (of 37)

_____: 34:16

□□□□: 7(of 19)

_____: 34:16

	km		min/km	-	-			km		min/km	-	-		
Runde 4	2.00	7:13	3:36	10	1:33	15	1:33	2.00	7:13	3:36	10	1:33	15	1:33
Runde 4	2.00	9:08	4:33	8	2:05	13	2:05	4.00	16:21	4:05	9	3:38	14	3:38
Runde 4	2.00	9:26	4:43	7	2:14	11	2:14	6.00	25:47	4:17	8	5:52	13	5:52
Runde 4	2.00	9:35	4:47	7	2:19	11	2:19	8.00	35:22	4:25	7	8:11	11	8:11
Ziel	2.00	9:22	4:41	8	2:17	12	2:17	10.00	44:44	4:28	7	10:28	12	17:13