



# 1. Erfurter Campuslauf

Erfurt / 02.07.2015

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## Run for Opa Karli

□□: Run for Opa Karli

□□: 33

□□: 10.00 km

Teamlauf

□□□□:

Männer

□□□: 43:04

□□: 13.93 km/h

□□□□: 4:19 min/km

□□□□□/□□□: 5 (of 32)

□□□□□/□: 5 (of 25)

□□□□□□: 33:30

□□□□□: 5(of 25)

□□□□□□□: 33:30

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| □□□     | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|---------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde 4 | 2.00     | 7:44     | 3:52         | 4       | 0:53    | 4       | 0:53    | 2.00  | 7:44      | 3:52      | 4             | 0:53    | 4       | 0:53    |         |
| Runde 4 | 2.00     | 8:25     | 4:12         | 7       | 1:54    | 7       | 1:54    | 4.00  | 16:09     | 4:02      | 4             | 2:31    | 4       | 2:31    |         |
| Runde 4 | 2.00     | 8:28     | 4:14         | 7       | 2:35    | 7       | 2:35    | 6.00  | 24:37     | 4:06      | 4             | 5:06    | 4       | 5:06    |         |
| Runde 4 | 2.00     | 9:24     | 4:42         | 12      | 2:17    | 12      | 2:17    | 8.00  | 34:01     | 4:15      | 5             | 7:23    | 5       | 7:23    |         |
| Ziel    | 2.00     | 9:03     | 4:31         | 12      | 2:11    | 12      | 2:11    | 10.00 | 43:04     | 4:18      | 5             | 9:34    | 5       | 9:34    |         |