



# Escha-Nordic Days

58553 Halver, Waldfreibad Herpine / 25.04.2015

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Reitz, Karina

□□□: 2:45:36

□□: Turboschnecken Lüdenscheid

□□: 6.52 km/h

□□: 2029

□□: 18.00 km

□□□□: 18.00

Nordic Walking lang

□□□□: 184 □