



Helbing King of Cross
Mühlberg / 01.11.2015

□□□□

Wußling, Thomas

□□: Frankenberg

□□: 13

□□: 8.00 km

Sprint

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 1:17:11

□□: 6.22 km/h

□□□□: 9:39 min/km

□□□□□/□□□: 269 (of 292)

□□□□□/□: 184 (of 192)

□□□□□□: 38:15

□□□□□: 12(of 12)

□□□□□□□: 42:47

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□□□□

□□□

| □□□ | □□ km | □□ □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ min/km | □□ - | □□ - | □□ □ | □□ □ | |
|------------------|----------|-----------------|---------|---------|---------|---------|-------|-----------|------------------|---------|---------|---------|---------|-------|
| Himmelsleiter + | - | 4:53 | - | 10 | 3:08 | 164 | 3:31 | - | 4:53 | - | 10 | 3:08 | 164 | 3:31 |
| Himmelsleiter + | - | 6:22 | - | 12 | 3:03 | 188 | 3:32 | - | 11:15 | - | 10 | 6:11 | 171 | 7:03 |
| Nordwand + Dov | - | 8:29 | - | 12 | 3:39 | 180 | 4:04 | - | 19:44 | - | 11 | 9:50 | 182 | 11:05 |
| Nordwand + Dov | - | 3:15 | - | 12 | 1:38 | 178 | 1:47 | - | 22:59 | - | 12 | 11:28 | 183 | 12:48 |
| Duckmäuser Eins | - | 24:06 | - | 8 | 10:16 | 120 | 11:45 | - | 47:05 | - | 8 | 21:44 | 120 | 24:19 |
| Duckmäuser Aus | - | 0:42 | - | 8 | 0:22 | 120 | 0:26 | - | 47:47 | - | 8 | 22:06 | 119 | 24:43 |
| Pneumant Einstie | - | 1:11 | - | 10 | 0:40 | 112 | 0:50 | - | 48:58 | - | 8 | 22:46 | 114 | 25:30 |
| Pneumant Aussti | - | 0:17 | - | 11 | 0:09 | 178 | 0:14 | - | 49:15 | - | 8 | 22:55 | 114 | 25:41 |
| Heuschnupfen Ei | - | 17:25 | - | 12 | 7:46 | 181 | 8:41 | - | 1:06:40 | - | 8 | 30:41 | 113 | 34:22 |
| Heuschnupfen Ai | - | 0:07 | - | 7 | 0:02 | 122 | 0:03 | - | 1:06:47 | - | 8 | 30:43 | 111 | 34:25 |
| Schlammbowle E | - | 3:50 | - | 11 | 1:34 | 176 | 1:55 | - | 1:10:37 | - | 8 | 32:16 | 109 | 36:19 |
| Schlammbowle A | - | 2:01 | - | 12 | 1:12 | 179 | 1:27 | - | 1:12:38 | - | 8 | 33:28 | 109 | 37:46 |
| Sportplatz Mühlb | 8.00 | 4:33 | - | 8 | 0:56 | 155 | 1:10 | 8.00 | 1:17:11 | 9:38 | 12 | 34:24 | 184 | 38:56 |