



Helbing King of Cross  
Mühlberg / 01.11.2015

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Schmidt, Stephanie

□□: Sportklinik Erfurt

□□: 129

□□: 8.00 km

Sprint

□□□□:

Frauen (20-29 Jahre)

□□□: 1:10:47

□□: 6.78 km/h

□□□□: 8:51 min/km

□□□□□/□□□: 225 (of 292)

□□□□□/□: 61 (of 100)

□□□□□□: 46:25

□□□□□: 19(of 26)

□□□□□□□: 54:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Himmelsleiter +	-	5:02	-	17	2:12	61	2:52	-	5:02	-	17	2:12	61	2:52
Himmelsleiter +	-	5:42	-	12	1:15	44	2:00	-	10:44	-	17	3:27	57	4:52
Nordwand + Dov	-	6:57	-	11	0:57	38	1:32	-	17:41	-	12	3:55	46	6:18
Nordwand + Dov	-	2:38	-	12	0:27	40	1:07	-	20:19	-	13	4:22	47	7:25
Duckmäuser Eins	-	22:13	-	13	4:49	45	7:03	-	42:32	-	12	9:11	41	14:28
Duckmäuser Aus	-	0:30	-	12	0:06	44	0:12	-	43:02	-	11	9:14	40	14:40
Pneumant Einstie	-	1:30	-	19	0:58	59	1:07	-	44:32	-	12	9:52	39	15:44
Pneumant Aussti	-	0:09	-	3	0:04	12	0:04	-	44:41	-	12	9:51	38	15:47
Heuschnupfen Ei	-	15:35	-	21	3:38	72	5:01	-	1:00:16	-	12	13:19	43	20:48
Heuschnupfen Ai	-	0:09	-	21	0:04	65	0:04	-	1:00:25	-	12	13:23	41	20:52
Schlammbowle E	-	3:20	-	19	0:45	60	0:53	-	1:03:45	-	12	14:05	40	21:45
Schlammbowle A	-	1:38	-	18	0:37	62	0:55	-	1:05:23	-	11	14:35	39	22:40
Sportplatz Mühlb	8.00	5:24	-	26	1:31	98	1:46	8.00	1:10:47	8:50	19	16:06	61	24:22