



Helbing King of Cross  
Mühlberg / 01.11.2015

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Schneider, Tina

□□: Die ultimativen Kampfsocken

□□: 138

□□: 8.00 km

Sprint

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 1:26:46

□□: 5.53 km/h

□□□□: 10:51 min/km

□□□□□/□□□: 280 (of 292)

□□□□□/□: 91 (of 100)

□□□□□□: 46:25

□□□□□: 15(of 15)

□□□□□□□: 53:46

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
Himmelsleiter +	-	6:14	-	15	3:24	93	4:04	-	6:14	-	15	3:24	93	4:04
Himmelsleiter +	-	6:28	-	12	2:22	90	2:46	-	12:42	-	14	5:46	92	6:50
Nordwand + Dov	-	9:37	-	14	3:29	89	4:12	-	22:19	-	14	9:15	89	10:56
Nordwand + Dov	-	4:04	-	15	1:59	99	2:33	-	26:23	-	15	11:14	96	13:29
Duckmäuser Eins	-	26:49	-	12	9:05	68	11:39	-	53:12	-	12	17:31	68	25:08
Duckmäuser Aus	-	0:47	-	12	0:26	71	0:29	-	53:59	-	12	17:57	67	25:37
Pneumant Einstie	-	2:23	-	13	2:00	81	2:00	-	56:22	-	11	19:19	63	27:34
Pneumant Aussti	-	0:17	-	14	0:11	80	0:12	-	56:39	-	11	19:26	63	27:45
Heuschnupfen Ei	-	18:13	-	14	6:26	92	7:39	-	1:14:52	-	11	25:52	63	35:24
Heuschnupfen Ai	-	0:08	-	8	0:03	51	0:03	-	1:15:00	-	11	25:54	61	35:27
Schlammbowle E	-	4:05	-	15	1:28	90	1:38	-	1:19:05	-	11	27:22	59	37:05
Schlammbowle A	-	2:18	-	15	1:21	91	1:35	-	1:21:23	-	11	28:17	59	38:40
Sportplatz Mühlb	8.00	5:23	-	15	1:26	97	1:45	8.00	1:26:46	10:50	15	33:00	91	40:21