



# Helbing King of Cross

Mühlberg / 01.11.2015

□□□□

Frank, Michelle

□□: Sport Fundgrube Rudolstadt

□□: 56

□□: 8.00 km

Sprint

□□□□:

weibliche Jugend U16 (14-15 Jahre)

□□□: 1:13:13

□□: 6.56 km/h

□□□□: 9:09 min/km

□□□□□/□□□: 248 (of 292)

□□□□□/□: 74 (of 100)

□□□□□□: 46:25

□□□□□: 4(of 6)

□□□□□□□: 46:25

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Himmelsleiter +	-	5:07	-	3	2:57	63	2:57	-	5:07	-	3	2:57	63	2:57
Himmelsleiter +	-	5:44	-	3	2:02	47	2:02	-	10:51	-	3	4:59	58	4:59
Nordwand + Dov	-	7:43	-	4	2:12	61	2:18	-	18:34	-	4	7:11	63	7:11
Nordwand + Dov	-	2:55	-	5	1:24	66	1:24	-	21:29	-	4	8:35	61	8:35
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	25:00	-	5	24:42	88	24:42	-	46:29	-	7	18:07	57	18:07
Pneumant Einstie	-	1:22	-	3	0:56	48	0:59	-	47:51	-	7	19:03	95	19:03
Pneumant Aussti	-	0:14	-	3	0:08	64	0:09	-	48:05	-	7	19:11	101	19:11
Heuschnupfen Ei	-	15:07	-	4	4:33	61	4:33	-	1:03:12	-	7	23:44	100	23:44
Heuschnupfen Ai	-	0:10	-	6	0:05	81	0:05	-	1:03:22	-	7	23:49	99	23:49
Schlammbowle E	-	3:27	-	4	1:00	70	1:00	-	1:06:49	-	7	24:49	99	24:49
Schlammbowle A	-	1:54	-	6	1:11	79	1:11	-	1:08:43	-	7	26:00	101	26:00
Sportplatz Mühlb	8.00	4:30	-	3	0:48	65	0:52	8.00	1:13:13	9:09	4	26:48	74	26:48