



# Helbing King of Cross

Mühlberg / 01.11.2015

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**Böhme, Marco**

□□: Dirty Boars

□□: 151

□□: 8.00 km

Sprint

□□□□:

Senioren M30 (30-34 Jahre)

□□□: 59:02

□□: 8.13 km/h

□□□□: 7:23 min/km

□□□□□/□□□: 98 (of 292)

□□□□□/□: 82 (of 192)

□□□□□□: 38:15

□□□□□: 13(of 38)

□□□□□□□: 45:12

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| □□□              | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□  | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|------|-----------|---------------|---------|---------|---------|---------|
| Himmelsleiter +  | -        | 3:26     | -            | 20      | 1:40    | 96      | 2:04    | -    | 3:26      | -             | 20      | 1:40    | 96      | 2:04    |
| Himmelsleiter +  | -        | 5:18     | -            | 23      | 1:48    | 114     | 2:28    | -    | 8:44      | -             | 21      | 3:28    | 103     | 4:32    |
| Nordwand + Dov   | -        | 7:07     | -            | 22      | 1:52    | 130     | 2:42    | -    | 15:51     | -             | 21      | 5:20    | 112     | 7:12    |
| Nordwand + Dov   | -        | 2:22     | -            | 15      | 0:44    | 85      | 0:54    | -    | 18:13     | -             | 20      | 5:59    | 108     | 8:02    |
| Duckmäuser Eins  | -        | fehlt!   | -            | -       | -       | -       | -       | -    | -         | -             | -       | -       | -       | -       |
| Duckmäuser Aus   | -        | fehlt!   | -            | -       | -       | -       | -       | -    | -         | -             | -       | -       | -       | -       |
| Pneumant Einstie | -        | 20:05    | -            | 34      | 19:41   | 165     | 19:44   | -    | 38:18     | -             | 38      | 9:50    | 184     | 14:50   |
| Pneumant Aussti  | -        | 0:14     | -            | 32      | 0:09    | 159     | 0:11    | -    | 38:32     | -             | 39      | 9:59    | 192     | 14:58   |
| Heuschnupfen Ei  | -        | 13:04    | -            | 23      | 3:10    | 103     | 4:20    | -    | 51:36     | -             | 38      | 13:09   | 188     | 19:18   |
| Heuschnupfen Ai  | -        | 0:07     | -            | 25      | 0:03    | 122     | 0:03    | -    | 51:43     | -             | 39      | 13:11   | 190     | 19:21   |
| Schlammbowle E   | -        | 2:25     | -            | 9       | 0:20    | 35      | 0:30    | -    | 54:08     | -             | 39      | 13:23   | 189     | 19:50   |
| Schlammbowle A   | -        | 1:06     | -            | 20      | 0:22    | 92      | 0:32    | -    | 55:14     | -             | 39      | 13:45   | 191     | 20:22   |
| Sportplatz Mühlb | 8.00     | 3:48     | -            | 6       | 0:08    | 34      | 0:25    | 8.00 | 59:02     | 7:22          | 13      | 13:50   | 82      | 20:47   |