



Helbing King of Cross
Mühlberg / 01.11.2015

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Gerner, Lucas

□□: Ilmenau
□□: 180

□□: 8.00 km
Sprint

□□□□:
Männer (20-29 Jahre)

□□□: 1:12:15

□□: 6.64 km/h
□□□□: 9:02 min/km

□□□□□/□□□: 240 (of 292)

□□□□□/□: 172 (of 192)

□□□□□□: 38:15

□□□□□: 34(of 40)

□□□□□□□: 38:39

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Himmelsleiter +	-	5:33	-	34	4:11	176	4:11	-	5:33	-	34	4:11	176	4:11
Himmelsleiter +	-	5:51	-	31	3:01	162	3:01	-	11:24	-	34	7:12	173	7:12
Nordwand + Dov	-	8:01	-	38	3:34	173	3:36	-	19:25	-	37	10:46	176	10:46
Nordwand + Dov	-	2:48	-	31	1:16	160	1:20	-	22:13	-	35	12:02	175	12:02
Duckmäuser Eins	-	23:09	-	23	8:43	116	10:48	-	45:22	-	23	18:07	114	22:36
Duckmäuser Aus	-	0:33	-	25	0:17	111	0:17	-	45:55	-	23	18:20	113	22:51
Pneumant Einstie	-	1:00	-	19	0:39	88	0:39	-	46:55	-	23	18:51	110	23:27
Pneumant Aussti	-	0:12	-	31	0:09	133	0:09	-	47:07	-	23	19:00	110	23:33
Heuschnupfen Ei	-	15:30	-	36	6:35	167	6:46	-	1:02:37	-	23	24:18	109	30:19
Heuschnupfen Ai	-	0:13	-	39	0:09	184	0:09	-	1:02:50	-	23	24:27	107	30:28
Schlammbowle E	-	3:14	-	32	1:19	148	1:19	-	1:06:04	-	23	25:33	105	31:46
Schlammbowle A	-	1:43	-	35	1:03	167	1:09	-	1:07:47	-	23	26:32	105	32:55
Sportplatz Mühlb	8.00	4:28	-	32	1:03	148	1:05	8.00	1:12:15	9:01	34	33:36	172	34:00