



Helbing King of Cross

Mühlberg / 01.11.2015

0000

Gerwik, Rudolf

000: 1:37:18

00: Schuh-Tasch

00: 9.87 km/h

00: 650

0000: 6:05 min/km

00: 16.00 km

00000/0000: 50 (of 304)

Expert

00000/0: 45 (of 252)

000000: 1:05:10

0000:

00000: 14(of 74)

Männer (20-29 Jahre)

0000000: 1:05:10

0000

0000

000

| 000 | 00 km | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 km | 000 min/km | 00 - | 00 - | 00 0 | 00 0 | | |
|------------------|-------|-----------|------|------|------|------|--------|------------|---------|------|------|-------|-----|-------|
| Himmelsleiter + | - | 2:23 | - | 24 | 1:21 | 60 | 1:21 | - | 2:23 | - | 24 | 1:21 | 60 | 1:21 |
| Himmelsleiter + | - | 4:17 | - | 26 | 1:38 | 73 | 1:45 | - | 6:40 | - | 27 | 2:59 | 71 | 3:06 |
| Nordwand + Dov | - | 6:38 | - | 55 | 2:52 | 196 | 2:55 | - | 13:18 | - | 38 | 5:51 | 108 | 6:01 |
| Nordwand + Dov | - | 2:01 | - | 30 | 0:52 | 101 | 0:52 | - | 15:19 | - | 38 | 6:43 | 107 | 6:51 |
| Duckmäuser Eins | - | 18:02 | - | 29 | 7:22 | 94 | 7:22 | - | 33:21 | - | 26 | 14:05 | 78 | 14:05 |
| Duckmäuser Aus | - | 0:15 | - | 4 | 0:02 | 4 | 0:02 | - | 33:36 | - | 25 | 14:06 | 76 | 14:06 |
| Pneumant Einstie | - | 1:11 | - | 38 | 0:50 | 135 | 0:57 | - | 34:47 | - | 24 | 14:55 | 73 | 14:55 |
| Pneumant Aussti | - | 0:05 | - | 8 | 0:02 | 22 | 0:04 | - | 34:52 | - | 24 | 14:54 | 72 | 14:54 |
| Heuschnupfen Ei | - | 12:15 | - | 40 | 4:56 | 127 | 4:56 | - | 47:07 | - | 21 | 19:50 | 64 | 19:50 |
| Heuschnupfen Ai | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - |
| Schlammbowle E | - | 3:00 | - | 54 | 1:16 | 182 | 1:17 | - | 50:07 | - | 70 | 21:02 | 241 | 21:02 |
| Schlammbowle A | - | 0:43 | - | 8 | 0:09 | 16 | 0:09 | - | 50:50 | - | 74 | 21:10 | 61 | 21:10 |
| Himmelsleiter + | - | 4:57 | - | 42 | 2:07 | 144 | 2:14 | - | 55:47 | - | 73 | 23:17 | 244 | 23:17 |
| Himmelsleiter + | - | 3:27 | - | 6 | 0:34 | 12 | 0:40 | - | 59:14 | - | 73 | 23:51 | 244 | 23:51 |
| Nordwand + Dov | - | 4:56 | - | 8 | 0:55 | 14 | 0:58 | - | 1:04:10 | - | 73 | 24:46 | 244 | 24:46 |
| Nordwand + Dov | - | 1:32 | - | 10 | 0:21 | 21 | 0:28 | - | 1:05:42 | - | 73 | 25:07 | 244 | 25:07 |
| Duckmäuser Eins | - | 14:04 | - | 9 | 3:15 | 17 | 13:47 | - | 1:19:46 | - | 57 | 28:22 | 191 | 28:22 |
| Duckmäuser Aus | - | 0:18 | - | 10 | 0:07 | 20 | 0:07 | - | 1:20:04 | - | 67 | 28:27 | 223 | 28:27 |
| Pneumant Einstie | - | 0:54 | - | 25 | 0:34 | 78 | 0:34 | - | 1:20:58 | - | 56 | 29:01 | 196 | 29:01 |
| Pneumant Aussti | - | 0:04 | - | 7 | 0:02 | 16 | 0:02 | - | 1:21:02 | - | 72 | 29:03 | 245 | 29:03 |
| Heuschnupfen Ei | - | 9:39 | - | 10 | 2:18 | 16 | 2:18 | - | 1:30:41 | - | 72 | 31:21 | 245 | 31:21 |
| Heuschnupfen Ai | - | 0:05 | - | 6 | 0:01 | 9 | 0:01 | - | 1:30:46 | - | 71 | 31:22 | 243 | 31:22 |
| Schlammbowle E | - | 2:13 | - | 11 | 0:31 | 20 | 0:32 | - | 1:32:59 | - | 73 | 31:53 | 241 | 31:53 |
| Schlammbowle A | - | 0:47 | - | 7 | 0:12 | 16 | 0:13 | - | 1:33:46 | - | 73 | 32:04 | 247 | 32:04 |
| Sportplatz Mühlb | 8.00 | 3:32 | - | 7 | 0:13 | 14 | 0:21 | 16.00 | 1:37:18 | 6:04 | 14 | 32:08 | 45 | 32:08 |