



Helbing King of Cross
Mühlberg / 01.11.2015

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Mauermann, Susanne

□□: Krayenberg-Schnecken
□□: 272

□□: 8.00 km
Sprint

□□□□:
Seniorinnen W35 (35-39 Jahre)

□□□: 1:05:17

□□: 7.35 km/h
□□□□: 8:10 min/km

□□□□□/□□□□: 175 (of 292)

□□□□□/□: 36 (of 100)

□□□□□□: 46:25

□□□□□: 8(of 25)

□□□□□□□: 48:57

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
Himmelsleiter +	-	3:39	-	7	1:20	25	1:29	-	3:39	-	7	1:20	25	1:29
Himmelsleiter +	-	5:26	-	9	1:31	30	1:44	-	9:05	-	8	2:51	28	3:13
Nordwand + Dov	-	7:08	-	9	1:43	42	1:43	-	16:13	-	9	4:34	35	4:50
Nordwand + Dov	-	2:37	-	8	0:41	38	1:06	-	18:50	-	9	5:06	36	5:56
Duckmäuser Eins	-	20:48	-	10	4:47	29	5:38	-	39:38	-	9	9:53	29	11:34
Duckmäuser Aus	-	0:33	-	15	0:12	55	0:15	-	40:11	-	9	10:02	28	11:49
Pneumant Einstie	-	1:34	-	15	1:10	61	1:11	-	41:45	-	9	11:12	29	12:57
Pneumant Aussti	-	0:17	-	21	0:10	80	0:12	-	42:02	-	9	11:19	29	13:08
Heuschnupfen Ei	-	14:07	-	11	3:17	42	3:33	-	56:09	-	9	14:36	29	16:41
Heuschnupfen Ai	-	0:09	-	16	0:04	65	0:04	-	56:18	-	9	14:39	29	16:45
Schlammbowle E	-	3:00	-	8	0:31	37	0:33	-	59:18	-	8	15:10	27	17:18
Schlammbowle A	-	1:45	-	16	0:58	69	1:02	-	1:01:03	-	8	15:54	27	18:20
Sportplatz Mühlb	8.00	4:14	-	9	0:31	39	0:36	8.00	1:05:17	8:09	8	16:20	36	18:52