



Helbing King of Cross

Mühlberg / 01.11.2015

0000

Rößler, Sven

00: Radeberg

00: 636

00: 16.00 km

Expert

0000:

Senioren M35 (35-39 Jahre)

000: 1:49:26

00: 8.77 km/h

0000: 6:50 min/km

00000/0000: 127 (of 304)

00000/0: 120 (of 252)

000000: 1:05:10

00000: 25(of 42)

0000000: 1:05:21

0000

0000

000

| 000 | 00 km | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 km | 000 min/km | 00 - | 00 - | 00 0 | 00 0 | | |
|------------------|-------|-----------|------|------|-------|------|--------|------------|---------|------|------|-------|-----|-------|
| Himmelsleiter + | - | 2:34 | - | 17 | 1:32 | 83 | 1:32 | - | 2:34 | - | 17 | 1:32 | 83 | 1:32 |
| Himmelsleiter + | - | 4:29 | - | 17 | 1:57 | 89 | 1:57 | - | 7:03 | - | 15 | 3:29 | 85 | 3:29 |
| Nordwand + Dov | - | 5:48 | - | 23 | 2:05 | 112 | 2:05 | - | 12:51 | - | 19 | 5:34 | 89 | 5:34 |
| Nordwand + Dov | - | 2:02 | - | 23 | 0:51 | 108 | 0:53 | - | 14:53 | - | 19 | 6:25 | 89 | 6:25 |
| Duckmäuser Eins | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - |
| Duckmäuser Aus | - | 17:55 | - | 28 | 17:40 | 190 | 17:42 | - | 32:48 | - | 35 | 9:09 | 63 | 13:18 |
| Pneumant Einstie | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - |
| Pneumant Aussti | - | 1:26 | - | 42 | 1:25 | 236 | 1:25 | - | 34:14 | - | 43 | 10:06 | 247 | 14:16 |
| Heuschnupfen Ei | - | 12:03 | - | 21 | 4:33 | 111 | 4:44 | - | 46:17 | - | 42 | 13:13 | 242 | 19:00 |
| Heuschnupfen Ai | - | 0:07 | - | 20 | 0:03 | 139 | 0:03 | - | 46:24 | - | 43 | 13:14 | 58 | 19:03 |
| Schlammbowle E | - | 2:40 | - | 19 | 0:57 | 91 | 0:57 | - | 49:04 | - | 43 | 13:45 | 241 | 19:59 |
| Schlammbowle A | - | 1:11 | - | 27 | 0:37 | 143 | 0:37 | - | 50:15 | - | 43 | 14:19 | 248 | 20:35 |
| Himmelsleiter + | - | 4:35 | - | 15 | 1:52 | 95 | 1:52 | - | 54:50 | - | 43 | 15:33 | 244 | 22:20 |
| Himmelsleiter + | - | 4:41 | - | 24 | 1:54 | 111 | 1:54 | - | 59:31 | - | 43 | 16:44 | 244 | 24:08 |
| Nordwand + Dov | - | 6:26 | - | 21 | 2:28 | 108 | 2:28 | - | 1:05:57 | - | 43 | 18:20 | 244 | 26:33 |
| Nordwand + Dov | - | 2:03 | - | 27 | 0:59 | 128 | 0:59 | - | 1:08:00 | - | 43 | 18:53 | 244 | 27:25 |
| Duckmäuser Eins | - | 19:01 | - | 19 | 8:10 | 104 | 18:44 | - | 1:27:01 | - | 32 | 24:46 | 191 | 35:37 |
| Duckmäuser Aus | - | 0:24 | - | 12 | 0:08 | 70 | 0:13 | - | 1:27:25 | - | 37 | 24:50 | 223 | 35:48 |
| Pneumant Einstie | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - |
| Pneumant Aussti | - | 0:58 | - | 32 | 0:56 | 212 | 0:56 | - | 1:28:23 | - | 43 | 25:20 | 245 | 36:24 |
| Heuschnupfen Ei | - | 12:51 | - | 28 | 5:24 | 137 | 5:30 | - | 1:41:14 | - | 43 | 29:18 | 245 | 41:54 |
| Heuschnupfen Ai | - | 0:07 | - | 20 | 0:03 | 132 | 0:03 | - | 1:41:21 | - | 42 | 29:20 | 243 | 41:57 |
| Schlammbowle E | - | 2:46 | - | 22 | 1:03 | 117 | 1:05 | - | 1:44:07 | - | 42 | 30:05 | 241 | 43:01 |
| Schlammbowle A | - | 1:25 | - | 33 | 0:51 | 195 | 0:51 | - | 1:45:32 | - | 43 | 30:47 | 247 | 43:50 |
| Sportplatz Mühlb | 8.00 | 3:54 | - | 17 | 0:36 | 107 | 0:43 | 16.00 | 1:49:26 | 6:50 | 25 | 44:05 | 120 | 44:16 |