



# Helbing King of Cross

Mühlberg / 01.11.2015

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**Bing, Katrin**

□□: Krayenberg-Schnecken  
 □□: 269

□□: 8.00 km  
 Sprint

□□□□:  
 Seniorinnen W50 (50-54 Jahre)

□□□: 1:00:28

□□: 7.94 km/h  
 □□□□: 7:34 min/km

□□□□□/□□□□: 129 (of 292)

□□□□□/□: 26 (of 100)

□□□□□□: 46:25

□□□□□: 1(of 3)

□□□□□□□: 1:00:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Himmelsleiter +	-	3:24	-	1	-	21	1:14	-	3:24	-	-	1	-	21	1:14
Himmelsleiter +	-	5:16	-	2	0:03	23	1:34	-	8:40	-	-	1	-	21	2:48
Nordwand + Dov	-	6:52	-	2	0:12	34	1:27	-	15:32	-	-	1	-	21	4:09
Nordwand + Dov	-	2:25	-	1	-	20	0:54	-	17:57	-	-	1	-	20	5:03
Duckmäuser Eins	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	-
Duckmäuser Aus	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	-
Pneumant Einstie	-	20:48	-	2	19:21	89	20:25	-	38:45	-	-	3	-	95	9:57
Pneumant Aussti	-	0:13	-	1	-	50	0:08	-	38:58	-	-	4	-	101	10:04
Heuschnupfen Ei	-	12:51	-	1	-	19	2:17	-	51:49	-	-	4	-	100	12:21
Heuschnupfen Ai	-	0:08	-	2	0:01	51	0:03	-	51:57	-	-	4	-	99	12:24
Schlammbowle E	-	2:54	-	1	-	27	0:27	-	54:51	-	-	3	-	99	12:51
Schlammbowle A	-	1:29	-	1	-	50	0:46	-	56:20	-	-	4	-	101	13:37
Sportplatz Mühlb	8.00	4:08	-	1	-	30	0:30	8.00	1:00:28	7:33	-	1	-	26	14:03