



# Helbing King of Cross

Mühlberg / 01.11.2015

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## Weisenbach, Vanessa

00: Laufrausch  
00: 374

00: 16.00 km  
Expert

0000:  
Frauen (20-29 Jahre)

000: 3:07:08

00: 5.13 km/h  
0000: 11:42 min/km

00000/0000: 295 (of 304)

00000/0: 49 (of 52)

000000: 1:26:55

00000: 15(of 16)

0000000: 1:32:48

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| 000              | 00 km | 00 min/km | 00 - | 00 - | 00 0  | 00 0 | 000 km | 000 min/km | 00 -    | 00 -  | 00 0 | 00 0    |    |         |
|------------------|-------|-----------|------|------|-------|------|--------|------------|---------|-------|------|---------|----|---------|
| Himmelsleiter +  | -     | 4:46      | -    | 10   | 2:44  | 35   | 2:45   | -          | 4:46    | -     | 10   | 2:44    | 35 | 2:45    |
| Himmelsleiter +  | -     | 6:31      | -    | 14   | 2:57  | 49   | 3:00   | -          | 11:17   | -     | 12   | 5:41    | 46 | 5:45    |
| Nordwand + Dov   | -     | 9:55      | -    | 15   | 4:45  | 50   | 4:55   | -          | 21:12   | -     | 14   | 10:26   | 48 | 10:30   |
| Nordwand + Dov   | -     | 2:37      | -    | 12   | 1:01  | 37   | 1:01   | -          | 23:49   | -     | 14   | 11:27   | 48 | 11:28   |
| Duckmäuser Eins  | -     | 26:57     | -    | 8    | 7:33  | 32   | 12:56  | -          | 50:46   | -     | 8    | 12:52   | 32 | 24:24   |
| Duckmäuser Aus   | -     | 0:32      | -    | 3    | 0:08  | 19   | 0:13   | -          | 51:18   | -     | 8    | 12:49   | 31 | 24:35   |
| Pneumant Einstie | -     | 0:49      | -    | 1    | -     | 7    | 0:31   | -          | 52:07   | -     | 8    | 12:30   | 31 | 24:53   |
| Pneumant Aussti  | -     | 0:13      | -    | 9    | 0:09  | 27   | 0:09   | -          | 52:20   | -     | 8    | 12:32   | 31 | 24:59   |
| Heuschnupfen Ei  | -     | 16:36     | -    | 14   | 6:16  | 45   | 6:45   | -          | 1:08:56 | -     | 7    | 15:44   | 29 | 31:44   |
| Heuschnupfen Ai  | -     | 0:08      | -    | 10   | 0:02  | 24   | 0:03   | -          | 1:09:04 | -     | 7    | 15:44   | 29 | 31:46   |
| Schlammbowle E   | -     | 3:51      | -    | 14   | 1:28  | 45   | 1:36   | -          | 1:12:55 | -     | 7    | 16:22   | 28 | 33:22   |
| Schlammbowle A   | -     | 1:45      | -    | 10   | 0:47  | 37   | 0:52   | -          | 1:14:40 | -     | 7    | 16:39   | 28 | 34:10   |
| Himmelsleiter +  | -     | 6:52      | -    | 12   | 2:50  | 40   | 3:14   | -          | 1:21:32 | -     | 7    | 18:27   | 28 | 37:24   |
| Himmelsleiter +  | -     | 7:23      | -    | 15   | 3:18  | 49   | 3:29   | -          | 1:28:55 | -     | 7    | 20:39   | 29 | 40:53   |
| Nordwand + Dov   | -     | 11:05     | -    | 15   | 5:24  | 49   | 5:55   | -          | 1:40:00 | -     | 7    | 24:29   | 29 | 46:48   |
| Nordwand + Dov   | -     | 3:19      | -    | 15   | 1:41  | 45   | 1:44   | -          | 1:43:19 | -     | 8    | 25:24   | 30 | 48:32   |
| Duckmäuser Eins  | -     | 34:31     | -    | 10   | 18:39 | 40   | 19:47  | -          | 2:17:50 | -     | 7    | 39:00   | 28 | 1:08:19 |
| Duckmäuser Aus   | -     | 0:33      | -    | 5    | 0:08  | 24   | 0:16   | -          | 2:18:23 | -     | 7    | 38:59   | 28 | 1:08:31 |
| Pneumant Einstie | -     | 1:44      | -    | 9    | 0:42  | 29   | 1:19   | -          | 2:20:07 | -     | 7    | 39:26   | 26 | 1:09:41 |
| Pneumant Aussti  | -     | 0:10      | -    | 4    | 0:01  | 17   | 0:04   | -          | 2:20:17 | -     | 7    | 39:25   | 26 | 1:09:45 |
| Heuschnupfen Ei  | -     | 28:39     | -    | 16   | 17:43 | 49   | 18:59  | -          | 2:48:56 | -     | 7    | 54:02   | 26 | 1:28:44 |
| Heuschnupfen Ai  | -     | 0:20      | -    | 16   | 0:15  | 47   | 0:15   | -          | 2:49:16 | -     | 7    | 54:14   | 26 | 1:28:58 |
| Schlammbowle E   | -     | 8:09      | -    | 14   | 5:37  | 46   | 6:01   | -          | 2:57:25 | -     | 6    | 59:19   | 25 | 1:34:59 |
| Schlammbowle A   | -     | 1:55      | -    | 11   | 0:52  | 37   | 1:01   | -          | 2:59:20 | -     | 6    | 59:50   | 25 | 1:36:00 |
| Sportplatz Mühlb | 8.00  | 7:48      | -    | 16   | 4:03  | 50   | 4:13   | 16.00      | 3:07:08 | 11:41 | 15   | 1:34:20 | 49 | 1:40:13 |