



Helbing King of Cross
Mühlberg / 01.11.2015

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Wußling, Silvia

□□: Frankenberg

□□: 12

□□: 8.00 km

Sprint

□□□□:

Seniorinnen W55 (55-59 Jahre)

□□□: 1:17:10

□□: 6.22 km/h

□□□□: 9:39 min/km

□□□□□/□□□: 267 (of 292)

□□□□□/□: 84 (of 100)

□□□□□□: 46:25

□□□□□: 1(of 2)

□□□□□□□: 1:17:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Himmelsleiter +	-	4:59	-	1	-	60	2:49	-	4:59	-	1	-	60	2:49	
Himmelsleiter +	-	6:04	-	1	-	76	2:22	-	11:03	-	1	-	61	5:11	
Nordwand + Dov	-	8:38	-	2	0:06	85	3:13	-	19:41	-	1	-	78	8:18	
Nordwand + Dov	-	3:09	-	1	-	82	1:38	-	22:50	-	1	-	79	9:56	
Duckmäuser Eins	-	24:21	-	2	0:12	64	9:11	-	47:11	-	1	-	61	19:07	
Duckmäuser Aus	-	0:43	-	1	-	68	0:25	-	47:54	-	1	-	60	19:32	
Pneumant Einstie	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Pneumant Aussti	-	1:54	-	2	1:47	97	1:49	-	49:48	-	3	-	101	20:54	
Heuschnupfen Ei	-	16:56	-	1	-	85	6:22	-	1:06:44	-	3	-	100	27:16	
Heuschnupfen Ai	-	0:08	-	1	-	51	0:03	-	1:06:52	-	3	-	99	27:19	
Schlammbowle E	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	
Schlammbowle A	-	5:38	-	2	3:42	100	4:55	-	1:12:30	-	3	-	101	29:47	
Sportplatz Mühlb	8.00	4:40	-	2	0:06	75	1:02	8.00	1:17:10	9:38	1	-	84	30:45	