



Helbing King of Cross
Mühlberg / 01.11.2015

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Köllner, Katharina

□□□: 1:16:12

□□: 316

□□: 6.30 km/h

□□□□: 9:31 min/km

□□: 8.00 km

□□□□□/□□□: 258 (of 292)

Sprint

□□□□□/□: 81 (of 100)

□□□□□□: 46:25

□□□□:

□□□□□: 24(of 26)

Frauen (20-29 Jahre)

□□□□□□□: 54:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Himmelsleiter +	-	5:45	-	24	2:55	85	3:35	-	5:45	-	24	2:55	85	3:35
Himmelsleiter +	-	6:02	-	24	1:35	73	2:20	-	11:47	-	25	4:30	81	5:55
Nordwand + Dov	-	8:18	-	26	2:18	80	2:53	-	20:05	-	25	6:19	81	8:42
Nordwand + Dov	-	3:06	-	23	0:55	80	1:35	-	23:11	-	25	7:14	82	10:17
Duckmäuser Eins	-	24:13	-	18	6:49	61	9:03	-	47:24	-	19	14:03	64	19:20
Duckmäuser Aus	-	0:36	-	17	0:12	64	0:18	-	48:00	-	18	14:12	62	19:38
Pneumant Einstie	-	1:06	-	14	0:34	38	0:43	-	49:06	-	17	14:26	56	20:18
Pneumant Aussti	-	0:13	-	14	0:08	50	0:08	-	49:19	-	17	14:29	56	20:25
Heuschnupfen Ei	-	16:38	-	26	4:41	82	6:04	-	1:05:57	-	17	19:00	56	26:29
Heuschnupfen Ai	-	0:09	-	21	0:04	65	0:04	-	1:06:06	-	17	19:04	54	26:33
Schlammbowle E	-	3:30	-	24	0:55	77	1:03	-	1:09:36	-	17	19:56	53	27:36
Schlammbowle A	-	2:09	-	23	1:08	86	1:26	-	1:11:45	-	18	20:57	54	29:02
Sportplatz Mühlb	8.00	4:27	-	20	0:34	58	0:49	8.00	1:16:12	9:31	24	21:31	81	29:47