



Helbing King of Cross

Mühlberg / 01.11.2015

0000

Zibelius, Julia

00: Sport Fundgrube Rudolstadt
00: 431

00: 16.00 km
Expert

0000:
Frauen (20-29 Jahre)

000: 3:27:56

00: 4.62 km/h
0000: 13:00 min/km

00000/0000: 296 (of 304)

00000/0: 50 (of 52)

000000: 1:26:55

00000: 16(of 16)

0000000: 1:32:48

0000

0000

000

000	00 km	00 min/km	00 -	00 -	00 0	00 0	000 km	000 min/km	00 -	00 -	00 0	00 0		
Himmelsleiter +	-	5:31	-	16	3:29	52	3:30	-	5:31	-	16	3:29	52	3:30
Himmelsleiter +	-	6:42	-	16	3:08	51	3:11	-	12:13	-	16	6:37	52	6:41
Nordwand + Dov	-	10:12	-	16	5:02	52	5:12	-	22:25	-	16	11:39	52	11:43
Nordwand + Dov	-	3:32	-	16	1:56	52	1:56	-	25:57	-	16	13:35	52	13:36
Duckmäuser Eins	-	32:51	-	9	13:27	34	18:50	-	58:48	-	9	20:54	34	32:26
Duckmäuser Aus	-	0:36	-	5	0:12	23	0:17	-	59:24	-	9	20:55	33	32:41
Pneumant Einstie	-	1:14	-	6	0:25	26	0:56	-	1:00:38	-	9	21:01	32	33:24
Pneumant Aussti	-	0:14	-	11	0:10	30	0:10	-	1:00:52	-	9	21:04	32	33:31
Heuschnupfen Ei	-	22:24	-	16	12:04	51	12:33	-	1:23:16	-	9	30:04	32	46:04
Heuschnupfen Ai	-	0:09	-	14	0:03	36	0:04	-	1:23:25	-	9	30:05	32	46:07
Schlammbowle E	-	4:52	-	15	2:29	47	2:37	-	1:28:17	-	9	31:44	31	48:44
Schlammbowle A	-	2:09	-	14	1:11	47	1:16	-	1:30:26	-	9	32:25	31	49:56
Himmelsleiter +	-	9:17	-	15	5:15	49	5:39	-	1:39:43	-	9	36:38	31	55:35
Himmelsleiter +	-	7:32	-	16	3:27	50	3:38	-	1:47:15	-	9	38:59	31	59:13
Nordwand + Dov	-	13:11	-	16	7:30	50	8:01	-	2:00:26	-	9	44:55	31	1:07:14
Nordwand + Dov	-	4:50	-	16	3:12	50	3:15	-	2:05:16	-	9	47:21	31	1:10:29
Duckmäuser Eins	-	38:37	-	11	22:45	41	23:53	-	2:43:53	-	8	1:05:03	29	1:34:22
Duckmäuser Aus	-	0:39	-	7	0:14	32	0:22	-	2:44:32	-	8	1:05:08	29	1:34:40
Pneumant Einstie	-	1:02	-	1	-	8	0:37	-	2:45:34	-	8	1:04:53	27	1:35:08
Pneumant Aussti	-	0:19	-	15	0:10	42	0:13	-	2:45:53	-	8	1:05:01	27	1:35:21
Heuschnupfen Ei	-	28:01	-	15	17:05	48	18:21	-	3:13:54	-	8	1:19:00	27	1:53:42
Heuschnupfen Ai	-	0:16	-	15	0:11	45	0:11	-	3:14:10	-	8	1:19:08	27	1:53:52
Schlammbowle E	-	6:05	-	13	3:33	44	3:57	-	3:20:15	-	7	1:22:09	26	1:57:49
Schlammbowle A	-	2:43	-	13	1:40	43	1:49	-	3:22:58	-	7	1:23:28	26	1:59:38
Sportplatz Mühlb	8.00	4:58	-	15	1:13	47	1:23	16.00	3:27:56	12:59	16	1:55:08	50	2:01:01