



Helbing King of Cross

Mühlberg / 01.11.2015

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Kuhles, Florian

□□: Die Jungs aus dem Märchenwald
 □□: 591

□□: 8.00 km
 Sprint

□□□□:
 Männer (20-29 Jahre)

□□□: 1:00:51

□□: 7.89 km/h
 □□□□: 7:37 min/km

□□□□□/□□□: 134 (of 292)

□□□□□/□: 108 (of 192)

□□□□□□: 38:15

□□□□□: 26(of 40)

□□□□□□□: 38:39

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Himmelsleiter +	-	3:48	-	24	2:26	122	2:26	-	3:48	-	24	2:26	122	2:26	
Himmelsleiter +	-	5:27	-	24	2:37	119	2:37	-	9:15	-	24	5:03	120	5:03	
Nordwand + Dov	-	6:58	-	25	2:31	121	2:33	-	16:13	-	25	7:34	120	7:34	
Nordwand + Dov	-	2:21	-	18	0:49	84	0:53	-	18:34	-	24	8:23	116	8:23	
Duckmäuser Eins	-	19:38	-	20	5:12	83	7:17	-	38:12	-	19	10:57	84	15:26	
Duckmäuser Aus	-	0:29	-	17	0:13	90	0:13	-	38:41	-	19	11:06	84	15:37	
Pneumant Einstie	-	0:49	-	14	0:28	61	0:28	-	39:30	-	19	11:26	81	16:02	
Pneumant Aussti	-	0:09	-	21	0:06	80	0:06	-	39:39	-	19	11:32	81	16:05	
Heuschnupfen Ei	-	13:11	-	21	4:16	105	4:27	-	52:50	-	19	14:31	80	20:32	
Heuschnupfen Ai	-	0:06	-	19	0:02	65	0:02	-	52:56	-	19	14:33	78	20:34	
Schlammbowle E	-	2:43	-	17	0:48	83	0:48	-	55:39	-	19	15:08	77	21:21	
Schlammbowle A	-	1:03	-	19	0:23	82	0:29	-	56:42	-	20	15:27	79	21:50	
Sportplatz Mühlb	8.00	4:09	-	22	0:44	103	0:46	8.00	1:00:51	7:36	26	22:12	108	22:36	