



Helbing King of Cross
Mühlberg / 01.11.2015

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Allheilig, Franziska

□□: Erfurt

□□: 2

□□: 8.00 km

Sprint

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 53:46

□□: 8.93 km/h

□□□□: 6:43 min/km

□□□□□/□□□□: 60 (of 292)

□□□□□/□: 6 (of 100)

□□□□□□: 46:25

□□□□□: 1(of 15)

□□□□□□□: 53:46

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| □□□ | □□ km | □□ □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ min/km | □□ - | □□ - | □□ □ | □□ □ | |
|------------------|----------|-----------------|---------|---------|---------|---------|-------|-----------|------------------|---------|---------|---------|---------|------|
| Himmelsleiter + | - | 2:50 | - | 1 | - | 7 | 0:40 | - | 2:50 | - | 1 | - | 7 | 0:40 |
| Himmelsleiter + | - | 4:06 | - | 1 | - | 4 | 0:24 | - | 6:56 | - | 1 | - | 4 | 1:04 |
| Nordwand + Dov | - | 6:08 | - | 1 | - | 8 | 0:43 | - | 13:04 | - | 1 | - | 5 | 1:41 |
| Nordwand + Dov | - | 2:05 | - | 1 | - | 7 | 0:34 | - | 15:09 | - | 1 | - | 5 | 2:15 |
| Duckmäuser Eins | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - |
| Duckmäuser Aus | - | 17:59 | - | 13 | 17:38 | 74 | 17:41 | - | 33:08 | - | 15 | - | 92 | 4:46 |
| Pneumant Einstie | - | 0:23 | - | 1 | - | 1 | - | - | 33:31 | - | 15 | - | 95 | 4:43 |
| Pneumant Aussti | - | 0:06 | - | 1 | - | 2 | 0:01 | - | 33:37 | - | 16 | - | 101 | 4:43 |
| Heuschnupfen Ei | - | 12:13 | - | 2 | 0:26 | 11 | 1:39 | - | 45:50 | - | 15 | - | 100 | 6:22 |
| Heuschnupfen Ai | - | 0:07 | - | 4 | 0:02 | 22 | 0:02 | - | 45:57 | - | 16 | - | 99 | 6:24 |
| Schlammbowle E | - | 2:47 | - | 2 | 0:10 | 14 | 0:20 | - | 48:44 | - | 16 | - | 99 | 6:44 |
| Schlammbowle A | - | 0:57 | - | 1 | - | 5 | 0:14 | - | 49:41 | - | 16 | - | 101 | 6:58 |
| Sportplatz Mühlb | 8.00 | 4:05 | - | 3 | 0:08 | 20 | 0:27 | 8.00 | 53:46 | 6:43 | 1 | - | 6 | 7:21 |