

## 3. Hennesee Panoramalauf 3. Hennesee ranorama... Meschede - Hennesee / 19.04.2015



Schumacher, Christopher

□□: 114

□□: 17.50 km Panorama Lauf

Männer (20-29 Jahre)

□□□: 1:19:08

□□: 12.89 km/h

□□□□: 4:31 min/km

\_\_\_\_\_: 18 (of 123)

\_\_\_\_/\_: 18 (of 98)

[][][]: 1:04:30

□□□□: 3(of 9)

\_\_\_\_: 1:15:21

	km		min/km	-	-			km		min/km	-	-		
<u> </u>	5.00	24:34	4:54	3	0:24	16	4:50	5.00	24:34	4:54	3	0:24	16	4:50
<u> </u>	3.00	13:39	4:32	3	0:28	14	2:29	8.00	38:13	4:46	3	0:51	17	7:19
□□□ Ziel Henneda	9.50	40:55	4:18	3	2:56	22	7:19	17.50	1:19:08	4:31	3	3:47	18	14:38

Timing by SPORTident

timing.sportident.com