



Hesse, Peggy

□□: Udestedt
□□: 160

□□: 14.00 km Hauptlauf

Seniorinnen W40 (40-44 Jahre)

□□□: 1:19:09

□□: 10.61 km/h

□□□: 5:39 min/km

______: 112 (of 218)

| 1:02:46

□□□□: 3(of 10)

DDDDDD: 1:14:44

	km		min/km	-	-			km		min/km	-	-		
Kontrolle	7.50	49:05	6:32	3	2:55	9	9:46	7.50	49:05	6:32	3	2:55	9	9:46
Ziel	6.50	30:04	4:37	3	1:30	10	6:40	14.00	1:19:09	5:39	3	4:25	9	16:23