



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Hein, Kerstin

00: Sportshop-Triathlon Team

00: 264

00: 22.75 km

Halbmarathon

0000:

Seniorinnen W35 (35-39 Jahre)

000: 1:50:05

00: 11.99 km/h

0000: 4:50 min/km

00000/000: 61 (of 380)

00000/0: 3 (of 86)

000000: 1:41:23

00000: 1(of 10)

0000000: 1:50:05

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:50	4:33	1	-	1	-	3.25	14:50	4:33	1	-	1	-
00 2	3.25	15:18	4:42	1	-	5	2:30	6.50	30:08	4:38	1	-	3	2:20
00 3	3.25	15:33	4:47	1	-	5	1:05	9.75	45:41	4:41	1	-	3	3:25
00 4	3.25	15:47	4:51	1	-	5	1:08	13.00	1:01:28	4:43	1	-	5	4:33
00 5	3.25	16:07	4:57	1	-	5	1:22	16.25	1:17:35	4:46	1	-	5	5:55
00 6	3.25	16:10	4:58	1	-	5	1:17	19.50	1:33:45	4:48	1	-	5	7:12
000 00	3.25	16:20	5:01	1	-	7	1:30	22.75	1:50:05	4:50	1	-	5	8:42