



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Ostheimer, Manuela

000: 2:06:24

00: Team Orange

00: 10.44 km/h

00: 352

0000: 5:34 min/km

00: 22.75 km

00000/000: 203 (of 380)

Halbmarathon

00000/0: 16 (of 86)

000000: 1:41:23

0000:

00000: 4(of 14)

Seniorinnen W40 (40-44 Jahre)

0000000: 1:48:57

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:54	5:11	7	1:26	25	2:04	3.25	16:54	5:11	7	1:26	25	2:04
00 2	3.25	17:38	5:25	7	2:25	29	4:50	6.50	34:32	5:18	7	3:51	25	6:44
00 3	3.25	18:10	5:35	7	3:04	35	3:42	9.75	52:42	5:24	7	6:55	27	10:26
00 4	3.25	18:14	5:36	5	2:47	31	3:35	13.00	1:10:56	5:27	7	9:42	31	14:01
00 5	3.25	18:26	5:40	7	2:54	31	3:41	16.25	1:29:22	5:29	7	12:36	33	17:42
00 6	3.25	18:50	5:47	7	2:52	35	3:57	19.50	1:48:12	5:32	7	15:28	33	21:39
000 00	3.25	18:12	5:35	5	2:25	21	3:22	22.75	2:06:24	5:33	7	17:27	31	25:01