



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Yilmaz, Gökhan

000: 2:08:27

00: -

00: 10.28 km/h

00: 280

0000: 5:39 min/km

00: 22.75 km

00000/000: 223 (of 380)

Halbmarathon

00000/0: 94 (of 294)

000000: 1:32:06

0000:

00000: 17(of 48)

Senioren M40 (40-44 Jahre)

0000000: 1:32:15

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:12	5:35	39	5:19	221	6:02	3.25	18:12	5:35	39	5:19	221	6:02
00 2	3.25	17:28	5:22	29	6:41	175	6:41	6.50	35:40	5:29	35	10:21	201	10:52
00 3	3.25	18:01	5:32	31	4:37	193	4:47	9.75	53:41	5:30	35	14:58	199	15:31
00 4	3.25	18:28	5:40	35	5:12	195	5:12	13.00	1:12:09	5:33	35	20:10	197	20:30
00 5	3.25	18:54	5:48	37	5:24	199	5:27	16.25	1:31:03	5:36	33	25:34	189	25:37
00 6	3.25	18:56	5:49	29	5:30	177	5:40	19.50	1:49:59	5:38	33	31:04	191	31:04
000 00	3.25	18:28	5:40	27	5:08	151	6:23	22.75	2:08:27	5:38	33	36:12	187	36:21