



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

0000

Rühl, Lidia

00: LT Hemsbach

00: 332

00: 22.75 km

Halbmarathon

0000:

Seniorinnen W60 (60-64 Jahre)

000: 2:41:35

00: 8.17 km/h

0000: 7:06 min/km

00000/000: 341 (of 380)

00000/0: 36 (of 86)

000000: 1:41:23

00000: 1(of 4)

0000000: 2:41:35

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	21:07	6:29	1	-	79	6:17	3.25	21:07	6:29	1	-	79	6:17
00 2	3.25	23:08	7:07	1	-	81	10:20	6.50	44:15	6:48	1	-	79	16:27
00 3	3.25	23:33	7:14	1	-	79	9:05	9.75	1:07:48	6:57	1	-	79	25:32
00 4	3.25	23:14	7:08	1	-	75	8:35	13.00	1:31:02	7:00	1	-	75	34:07
00 5	3.25	22:40	6:58	1	-	67	7:55	16.25	1:53:42	6:59	1	-	75	42:02
00 6	3.25	23:32	7:14	1	-	63	8:39	19.50	2:17:14	7:02	1	-	71	50:41
000 00	3.25	24:21	7:29	1	-	65	9:31	22.75	2:41:35	7:06	1	-	71	1:00:12